

## Wild Thing School of Yoga: Frequently Asked Questions

Questions	Answers
How proficient in yoga do I have to be to do <a href="#">program</a> ?	6 months of a consistent yoga practice is recommended before enrolling, but not required.
Is there a minimum age requirement to take the training?	You must be at least 15 years old. If you are under 18 years of age you must receive approval from the lead trainer and written consent from your legal guardian before the start of the training.
Is the required reading included in the price of the training?	No, you will need to purchase the required reading books. There are around 8 required books that in total cost approximately \$120 when purchased new. It is left to each participant to decide if they want to purchase new or used copies of these books. Required reading is selected to add value even after graduation.
How much time should I expect to spend on 200-hr homework?	Expect to spend between 2-3 hours every two week on homework. Assignments given are carefully chosen and designed to support material covered in class. The goal is to assist in integration of what is presented into one's own practice and teaching. Attendance and completion of assignments is required if a diploma is to be given. Individuals not planning to pursue teaching, may choose not to complete assignments and take the course for non-credit.
What is the Yoga Alliance?	Yoga Alliance is an organization that was started in 1999 as a way to create nationally recognized standards for yoga teachers and yoga teacher trainings in the US. Most studios require their teachers to be registered with Yoga Alliance.
Will I be qualified to teach yoga once I complete this 200-hr program?	Yes! With the successful completion of all graduation requirements, including but not limited to attendance, contact hours, projects, homework, and likewise, you will receive your Diploma evidencing your training at the 200-Hour level. You may also register with the Yoga Alliance ( <a href="http://www.yogaalliance.org">www.yogaalliance.org</a> ) at the RYT-200 level (meaning Registered Yoga Teacher 200hr level).
How do I sign up?	<a href="#">Learn more and apply online</a> at <a href="http://LanaReed.com">LanaReed.com</a> . A non-refundable deposit is due upon enrollment to hold your spot. Your payment is due in full by the early registration date in order to receive the discounted rate. Full payment is required the week before the start of the program unless a payment plan has been previously arranged. <a href="#">Read more about what makes Wild Thing School of Yoga's Teacher Training so special.</a>
What are the graduation requirements?	In order to graduate the program you must be paid in full and fulfill the following requirements: <ul style="list-style-type: none"> <li>• Attendance of all in-person and online teacher training sessions unless a prior arrangement has been made.</li> <li>• Successful completion of all graduation requirements (i.e. homework, projects &amp; exam).</li> <li>• Participation in practice teaching practicum.</li> <li>• Completion of class taking and observation requirement.</li> </ul>
What is the <a href="#">teacher training</a> cancellation and refund policy?	A deposit is due upon enrollment to hold your spot. This deposit is nonrefundable. If you cancel, 45 days or more before the start of the program you will forfeit your deposit, but any paid balance will be refunded in full. If you cancel or drop-out for any reason, within 45 days or once the program has begun (orientation day or after), the training program tuition is non-refundable and non-transferable. <u>To re-state, withdraw within 45 days of when the program begins, or once it has begun tuition is non-refundable and non-transferable.</u>
Will the teacher training being in person or online?	In-person. However, when necessary due to guest teacher requirements; portions or segments of training may be held online.
What if I don't want to be a teacher?	No problem! Our <a href="#">200-hour training</a> is ideal for those who want to delve deeper into the study of yoga, and to improve their own practice. It's a fantastic option for students who simply want to have a transformational experience, and who want to be a part of the thriving yoga community. <a href="#">Read more about why yoga teacher training is not just for those who want to teach.</a>
May I take the teacher training if I am pregnant?	First and foremost, check with your physician. With your doctor's permission and release, attendance is absolutely an option depending on health and stage of pregnancy. Minor physical limitations are welcome and can serve as helpful demonstrations giving fellow attendees a chance to learn how to work with students with similar limitations.
May I take the teacher training if I have a physical limitation?	With your doctor's permission and release, attendance may be an option. Learners who face minor physical limitations or recovered injuries are often able to be included as our curriculum is inclusive. It covers safe postures and movement for a varying range of abilities already.
More Questions?	<a href="#">Let's get those questions answered! Contact Lana Reed, Lead Trainer.</a>